



# WEXFORD ACADEMY SQUAD

## ACTIVITY PLANNER 2016/17



*Nurturing Progression, Striving for Excellence*

## January 2017 - Functional Phase & Testing

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>WK01</b> 2 <sup>nd</sup>	3 <sup>rd</sup>	4 <sup>th</sup>	5 <sup>th</sup>	6 <sup>th</sup>	7 <sup>th</sup>	8 <sup>th</sup>
<b>Christmas Holiday Period</b>						
<b>WK02</b> 9 <sup>th</sup>	10 <sup>th</sup>	11 <sup>th</sup>	12 <sup>th</sup>	13 <sup>th</sup>	14 <sup>th</sup>	15 <sup>th</sup>
FUNCTIONAL PROGRAMME U15 H & FB  <b>ST PETER COLLEGE</b>		<u>U13 Planning Meeting</u> <b>Agenda:</b> a. Training structure b. Parent meeting		<u>Staff Planning Meeting</u> <b>Agenda:</b> a. Assessment week b. Meeting with managers	FUNCTIONAL PROGRAMME U16 H & FB	
					FUNCTIONAL PROGRAMME U17 H & FB <b>ST PETER COLLEGE</b>	
<b>WK03</b> 16 <sup>th</sup>	17 <sup>th</sup>	18 <sup>th</sup>	19 <sup>th</sup>	20 <sup>th</sup>	21 <sup>st</sup>	22 <sup>nd</sup>
FUNCTIONAL PROGRAMME U15 H & FB  <b>GOREY COLLEGE</b>					FUNCTIONAL PROGRAMME U16 H & FB	
					FUNCTIONAL PROGRAMME U17 H & FB <b>GOREY COLLEGE</b>	
<b>WK04</b> 23 <sup>rd</sup>	24 <sup>th</sup>	25 <sup>th</sup>	26 <sup>th</sup>	27 <sup>th</sup>	28 <sup>th</sup>	29 <sup>th</sup>
<u>U13 PARENT MEETING 2017</u>  <b>Horse &amp; Hound</b>		<u>U13 PARENT MEETING 2017</u>  <b>MILRACE HOTEL</b>			FUNCTIONAL PROGRAMME U16 H & FB	
					FUNCTIONAL PROGRAMME U17 H & FB <b>GOOD COUNSEL</b>	
					<b>BUFFERS ALLEY</b> <b>2<sup>nd</sup> ASSESSMENT DAYS</b> <b>U15/U16 PLAYERS</b>	

## February 2017 - Trial Phase

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
WK05	30 <sup>th</sup>	31 <sup>st</sup>	1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>	4 <sup>th</sup>	5 <sup>th</sup>
						<b>HORSEWOOD</b> <b>2<sup>nd</sup> ASSESSMENT DAYS</b> <b>U16/U17 PLAYERS</b>	
WK06	6 <sup>th</sup>	7 <sup>th</sup>	8 <sup>th</sup>	9 <sup>th</sup>	10 <sup>th</sup>	11 <sup>th</sup>	12 <sup>th</sup>
WK07	13 <sup>th</sup>	14 <sup>th</sup>	15 <sup>th</sup>	16 <sup>th</sup>	17 <sup>th</sup>	18 <sup>th</sup>	19 <sup>th</sup>
WK08	20 <sup>th</sup>	21 <sup>st</sup>	22 <sup>nd</sup>	23 <sup>rd</sup>	24 <sup>th</sup>	25 <sup>th</sup>	26 <sup>th</sup>
WK09	27 <sup>th</sup>	28 <sup>th</sup>					

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## October 2016 – Functional Phase

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
WK39					1 <sup>st</sup>	2 <sup>nd</sup>
WK40	3 <sup>rd</sup>	4 <sup>th</sup>	5 <sup>th</sup>	6 <sup>th</sup>	7 <sup>th</sup>	8 <sup>th</sup>
WK41	10 <sup>th</sup>	11 <sup>th</sup>	12 <sup>th</sup>	13 <sup>th</sup>	14 <sup>th</sup>	15 <sup>th</sup>
PREP WEEK FOR PARENT MEETING					<b>U16 Football</b> <b>FR MANNINS FINAL</b> <b>v</b> <b>WICKLOW</b>	
WK42	17 <sup>th</sup>	18 <sup>th</sup>	19 <sup>th</sup>	20 <sup>th</sup>	21 <sup>st</sup>	22 <sup>nd</sup>
<u>PARENT MEETING</u> <b>Agenda:</b> a. Details winter Prog b. Overview 2017 <b>Riverside Hotel</b>		<u>PARENT MEETING</u> <b>Agenda:</b> a. Details winter Prog b. Overview 2017 <b>Ferrycarrig Hotel</b>				
WK43	24 <sup>th</sup>	25 <sup>th</sup>	26 <sup>th</sup>	27 <sup>th</sup>	28 <sup>th</sup>	29 <sup>nd</sup>
COACHING STAFF - PREP WEEK FOR TESTING WEEK					MODEL ÓG -FB Blitz Day U15 County FB District League	

## November 2016 – Functional Phase

MONDAY		TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>WK44</b>	<b>31<sup>st</sup></b>	<b>1<sup>st</sup></b>	<b>2<sup>nd</sup></b>	<b>3<sup>rd</sup></b>	<b>4<sup>th</sup></b>	<b>5<sup>th</sup></b>	<b>6<sup>th</sup></b>
<b>(TESTING WEEK)</b>		<b>SOUTH PLAYERS</b> Venue: HORESWOOD	<b>SOUTH PLAYERS</b> Venue: HORSEWOOD	<b>NORTH PLAYERS</b> Venue: BUFFERS ALLEY	<b>NORTH PLAYERS</b> Venue: BUFFERS ALLEY	16 H REGIONAL BLITZ	U15 County FB District League
						MODEL ÓG – H Blitzes Day	
<b>WK45</b>	<b>7<sup>th</sup></b>	<b>8<sup>th</sup></b>	<b>9<sup>th</sup></b>	<b>10<sup>th</sup></b>	<b>11<sup>th</sup></b>	<b>12<sup>th</sup></b>	<b>13<sup>th</sup></b>
<b>FUNCTIONAL PROGRAMME</b> U14 H & FB  <b>ST PETERS COLLEGE</b>						<b>FUNCTIONAL PROGRAMME</b> U15 H <b>ST PETER'S COLLEGE</b>	
						MODEL ÓG –FB Blitz Day	
<b>WK46</b>	<b>14<sup>th</sup></b>	<b>15<sup>th</sup></b>	<b>16<sup>th</sup></b>	<b>17<sup>th</sup></b>	<b>18<sup>th</sup></b>	<b>19<sup>th</sup></b>	<b>20<sup>th</sup></b>
<b>FUNCTIONAL PROGRAMME</b> U14 H & FB  <b>GOREY COLLEGE</b>						16 H REGIONAL BLITZ	U15 County FB District League
						<b>FUNCTIONAL PROGRAMME</b> U15 H <b>GOREY AREA</b>	
						MODEL ÓG – H Blitz Day	
<b>WK47</b>	<b>21<sup>st</sup></b>	<b>22<sup>nd</sup></b>	<b>23<sup>rd</sup></b>	<b>24<sup>th</sup></b>	<b>25<sup>th</sup></b>	<b>26<sup>th</sup></b>	<b>27<sup>th</sup></b>
<b>FUNCTIONAL PROGRAMME</b> U14 H & FB <b>GOOD COUNSEL COLLEGE</b>						<b>FUNCTIONAL PROGRAMME</b> U15 H + (FB TEST) <b>GOOD COUNSEL COLLEGE</b>	
						MODEL ÓG – FB Blitz Day	

## December 2016 - Functional Phase

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
<b>WK48</b> 28 <sup>th</sup>		29 <sup>th</sup>		30 <sup>th</sup>		1 <sup>st</sup>		2 <sup>nd</sup>		3 <sup>rd</sup>		4 <sup>th</sup>	
FUNCTIONAL PROGRAMME U14 H & FB  <b>ST PETERS COLLEGE</b>						<u>Manager Seminar 2017</u> <b>Agenda:</b> a. Overview of year 2017 b. Intro new personal				16 H REGIONAL BLITZ			
										FUNCTIONAL PROGRAMME U15 H + (15 FB TEST) <b>ST PETER'S COLLEGE</b> MODEL ÓG -H Blitz Day			
<b>WK49</b> 5 <sup>th</sup>		6 <sup>th</sup>		7 <sup>th</sup>		8 <sup>th</sup>		9 <sup>th</sup>		10 <sup>th</sup>		11 <sup>th</sup>	
FUNCTIONAL PROGRAMME U14 H & FB  <b>GOREY COLLEGE</b>										FUNCTIONAL PROGRAMME U15 H & FB			
										FUNCTIONAL PROGRAMME U16 H & FB <b>GOREY COLLEGE</b>			
<b>WK50</b> 12 <sup>th</sup>		13 <sup>th</sup>		14 <sup>th</sup>		15 <sup>th</sup>		16 <sup>th</sup>		17 <sup>th</sup>		18 <sup>th</sup>	
FUNCTIONAL PROGRAMME U14 H & FB  <b>GOOD COUNSEL COLLEGE</b>				<b>MEDICAL SCREENING FOR ALL PLAYERS (optional)</b>						FUNCTIONAL PROGRAMME U15 H & FB			
										FUNCTIONAL PROGRAMME U16 H & FB <b>GOOD COUNSEL COLLEGE</b>			
<b>WK51</b> 19 <sup>th</sup>		20 <sup>th</sup>		21 <sup>st</sup>		22 <sup>nd</sup>		23 <sup>rd</sup>		24 <sup>th</sup>		25 <sup>th</sup>	
<b>CHRISTMAS HOLIDAYS</b>													