



Wexford Coaching and Games Development Coach Education Program 2018

WEXFORD GAA COACH EDUCATION PROGRAM 2018

Aim & Objectives

Wexford GAA aim to deliver a number of foundation and award one coaching courses between October and March (ongoing). The courses aim to improve overall coaching standards within clubs as well as ensure coaches over underage teams have the appropriate qualifications. Coaches who are interested in the Award 2 course must apply directly to the coaching department.

Duration & Course Elements

- The foundation award which is aimed at beginner coaches last between seven and ten hours. Coaches must attend each session as well as complete a child protection workshop.
- The Award One course last between sixteen & twenty hours. The course will be both classroom & field based. The course will be delivered by a variety of tutors and all modules must be covered.

What if my club is not listed?

- Clubs who are not listed can organise a foundation award. There must be a minimum of twelve coaches to do so. If your club is not hosting you may attend a course in a nearby club. If you are a club and want to organise a course contact the coaching department.

Foundation Courses

Event	Description	Date	Venue/District		Tutors / Coordinator
Foundation Award	Coach Education	13 th 14 th 21 st 28 th October	Ballygarret GAA	Gorey Book Online	Mick Byrne , Seamus Byrne & Anthony Masterson
Foundation Award	Coach Education	25 th October, 1 st , 8 th 15 th November	Bunclody	Club Course	Eddie Mahon (Code), Alan Monaghan (Night 2) & Seamus Byrne / Anthony Masterson (Night 1)
Foundation Award	Coach Education	6 th , 14 th , 20 th , 27 th November	Adamstown GAA	Book Online	Eddie Mahon, Shane O Hanlon, Willie Cleary,
Foundation Award	Coach Education	22 nd 29 th Nov, 6 th 13 th December	St Josephs GAA	Club Course	Eddie Mahon, Joe Kearns, Alan Monaghan
Foundation Award	Coach Education	20 th 21 st 28 th 4 th October/November	Geraldine O Hanrahan's GAA	New Ross Book Online	Cancelled
Foundation Award	Coach Education	19 th , 20 th , 27 th 3 rd January/February	Rapparees Starlight's GAA	Enniscorthy Book Online	Mick Byrne, Seamus Byrne
Foundation Award	Coach Education	2 nd , 3 rd 10 th 17 th February	Wexford Park / St Joseph's Hall	Wexford Book Online	Joe Kearns, Willie Cleary, Eoin Morrissey

Workshops *Times will be updated closer to event*

Event	Description	Date	Venue/District		Tutors / Coordinator
Striking	Coach Education	12 th January	Buffers Alley GAA	All Book Online	TBC
Kicking	Coach Education	19 th January	Castletown GAA	All Book Online	Oisín Mconville
High Ball	Coach Education	16 th February	Shelmaliars GAA	All Book Online	Michael Rice & Richie Power
Coaching the Tackle	Coach Education	23 rd /24 th February	Horeswood GAA	All Book Online	TBC

Award 1

Event	Description	Date	Venue/District		Tutors / Coordinator
Award 1 Hurling Youth	Coach Education	28 th Oct, 11 th Nov, 18 th Nov, 2 nd , 9 th Dec	Glynn – Barntown, Castletown, New Ross & Buffers Alley	All Book Online	Various Tutors Lead Coordinator : Eoin Morrissey 0872896735
Award 1 Football Youth	Coach Education	10 th Feb, 24 th Feb, 10 th , 24 th 7 th March / April	Castletown GAA, Duffry Rovers, St Martins & Horeswood	All Book Online	Various Tutors Lead Coordinator : Eoin Morrissey 0872896735
Award 1 Football Youth	Coach Education	24 st March, 14 th 28 th April, 12 th May	Castletown GAA, Duffry Rovers, St Martins & Horeswood	All Book Online	Various Tutors Lead Coordinator : Eoin Morrissey 0872896735

Award 2

Event	Description	Date	Venue/District		Tutors / Coordinator
Award 2 Football Youth/Adult	Coach Education	TBC			Leinster GAA

Coaching Information Nights

Event	Description	Date	Venue/District	Tutors / Coordinator
The Model Club	Workshop on Games Development Best Practices for clubs	TBC	Buffers Alley	Games Development Team
The Model Club	Workshop on Games Development Best Practices for clubs	TBC	Horse & Hound	Games Development Team
The Model Club	Workshop on Games Development Best Practices for clubs	TBC	Marshalstown	Games Development Team

Club Cluster Program 2018

In 2017 over 500 coaches took part in over 40 workshops throughout the county. The program will continue in 2018 with a number of changes to reflect needs of coaches in embedding the player pathway.

Workshops will include:

- **GAA 15 workshop**
- **GAA Have a Ball (ABC)**
- **Player Pathway Workshops**
- **Youth Resistance Training Workshop**
- **Young Referee Course**
- **Games Based Coaching**
- **Gaelic Football Goalkeeping Resource**
- **Wall Ball Coaching**

GDA Support

The GDA is on hand to assist the club in all areas of games development. If your club has a proposal for a workshop or an idea your GDA will be on hand for advice and support. The GDA will also arrange coaching & games development workshops on a regional basis to cater the learning needs of club coaches & managers.

Club Cluster Regional Workshops 2018

GDA – Shane O Hanlon	GDA – Willie Cleary	GDA – Diarmuid Byrne	GDA – Anthony Masterson
GAA 15 Warm Up March 5th Shelmaliers GAA	GAA 15 Warm Up March 7th Rathnure GAA	GAA 15 Warm Up March 5th St Martins GAA	GAA 15 Warm Up March 7th Bannow Ballymitty GAA
Late Teenage Player Pathway April 9 th Kilmore GAA	Late Teenage Player Pathway April 11 th Cloughbawn GAA	Late Teenage Player Pathway April 9 th Ferns GAA	Late Teenage Player Pathway April 11 th Castletown GAA
Early Go Games Player Pathway May 14 th St Anne's GAA	Early Go Games Player Pathway May 16 th Kilrush GAA	Early Go Games Player Pathway May 14 th Marshalstown GAA	Early Go Games Player Pathway May 16 th Ballinstragh Gaels GAA
Mid Teenage Player Pathway June 11 th Glynn – Barntown GAA	Mid Teenage Player Pathway June 13 th Our Lady Island St Fintans GAA	Mid Teenage Player Pathway June 11 th St Patricks GAA	Mid Teenage Player Pathway June 13 th Taghmon GAA
Have a Ball Player Pathway October 9 th Kilmore GAA	Have a Ball Player Pathway October 11 th Cloughbawn GAA	Have a Ball Player Pathway October 9 th Ferns GAA	Have a Ball Player Pathway October 11 th Castletown GAA
Specialised Workshops			
Youth Resistance Training February 21 st / December 11 th Shelmaliers/ Horeswood GAA	Club School Link Coaching September 10 th / 17 th Buffers Alley / Rathnure GAA	Introduction to Nutrition February 12 th / November 19 th St Martins / Ballygarret GAA	Introduction to Goalkeeping January 22 nd / December 12 th Castletown / Horeswood
AVAILABLE TO BOOK ONLINE FOR FREE			



PLAYER PATHWAY

PLAY TO STAY WITH THE GAA

Player Pathway Model

The Leinster GAA player pathway is a new concept that stages a player's development through a series of progressions. Aligning the elements of player's performance such as: Team Play, Tactical Prowess, Physical Fitness, Physiological Focus & Participant Feedback. The pathways was designed to help guide a coach the deliver what is needed & when it is needed. This should give the coach a better understanding of where the player is and where he/she might be heading.

Player Pathway Workshops

Workshops are 2hrs long and can be organised in a club or club cluster region. It is important that coaches who are involved in these workshops coach the relevant ages the workshops is aligned to.

Email: coaching.wexford@gaa.ie

Course Fees

Course	Per person	Online Booking (Limited Tickets)	Group/club Bookings
Foundation Award	€20.00	€10.00	Contact : coaching.wexford@gaa.ie
Award 1	€50	€40.00	Contact : coaching.wexford@gaa.ie
Club Cluster Workshops	Free	Free	Contact : coaching.wexford@gaa.ie

How do I enrol on the courses?

- Option 1: Book online at : [Book Online](#)
- Option 2: Pay at the coaching office in Innovate Wexford Park before the commencement of the course.
- Please confirm the dates and times in advance with the coaching in advance, as times and dates may vary.

Wexford GAA Coach Education Partners

Wexford GAA have developed a strong relationship with VTOS in Wexford Town who provide training opportunities for unemployed people looking to develop new skills. A new course which is designed at developing sports coaches called GAA Sports & Recreation enables participants to gain a valuable insight into the operation of sports organisation throughout Wexford.

Specific GAA Coaching Awards: Foundation Award, Award 1 Hurling & Football & Award 2 Hurling & Football, GAA Code of Best Practice & numerous workshops

Work Experience: Participants will gain valuable work experience with Games Development Staff within the county in numerous projects. This includes work in Official GAA Cul Camps.

For more information contact course coordinator Damien Quigley on: 0876974814

Sports Active Wexford

Sports Active Wexford offer numerous additional workshops and programs. One of the most successful to date has been the Community Coaching Program. If you would like more information contact Fran Ronan 0539196557 / sports.active@wexfordcoco.ie



WEXFORD COACHING & GAMES DEVELOPMENT STAFF 2018

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