



## EQUIPMENT LIST FOR TRAINING/MATCHES

Hurling Training Equipment list	Football Training Equipment list	Match Equipment list
Two Hurley's	Gum Shields	Gum Shields (Football)
Clean Pair of Boots	Clean Pair of Boots	Clean Pair of Boots
Club socks	Club socks	Club socks x 2
Club shorts	Club shorts	Club shorts x 2
Club jersey's (optional)	Club jersey's (optional)	Two Hurley's (Hurling)
Towel	Towel	Towel
Training Top	Training Top	Rain Coat/Windsheater
Long Sleeved Skins	Training Hat	Training Hat
Bottled of water	Long Sleeved Skins	Long Sleeved Skins
Piece of fruit	Training Gloves	Tracksuit pants
Helmet	Bottled of water	Training Gloves
	Piece of fruit	Bottled of water
		Piece of fruit
		Helmet (Hurling)